2017 Jung in the Heartland Faculty

Dr. Lionel Corbett, M.D.

Dr. Lionel Corbett trained in medicine and psychiatry in England and as a Jungian analyst at the C.G. Jung Institute of Chicago. A professor of depth psychology at Pacifica Graduate Institute in Santa Barbara, California, he has written many professional papers and four books: *The Religious Function of the Psyche, Psyche and the Sacred: Spirituality Beyond Religion*, *The Sacred Cauldron: Psychotherapy as a Spiritual Practice*, and most recently, *The Soul in Anguish: Psychotherapeutic Approaches to Suffering.*

Chelsea Wakefield, Ph.D., LCSW

Chelsea Wakefield, PhD, LCSW, is a Jungian-oriented psychotherapist, certified sex therapist, creator of the Luminous Woman® Weekend, author of *Negotiating the Inner Peace Treaty* and *In Search of Aphrodite: Women, Archetypes, and Sex Therapy.* She is currently in private practice in Little Rock, Arkansas, at University of Arkansas for Medical Sciences, where she is the director of the Couples Center, which trains depth-oriented clinicians who want to support couples in navigating the journey of Individuation in Connection™.

Accommodations, Seminar Site and Writing Contest

King’s House • 700 N. 66th Street • Belleville, IL 62223

We are in a beautiful retreat center with trails, gardens, and a labyrinth. It is only 45 minutes from the St. Louis airport; the food is delicious, organic, and locally grown. Vegetarians and those requiring a gluten free menu are easily accommodated. All rooms are individual, private rooms with an individually controlled thermostat and private bath. Rooms and buildings are non-smoking. See www.cgjungstl.org for driving directions.

Our 2017 writing contest solicited personal essays that illustrate how Jungian ideas unfold in lived experience. Winning entries on our theme, Memorie, Dreams, Sensualities, will be presented at the conference.

Cover Image: Painting by Kathleen Barnes

October 5–8, 2017

“Life is the way, the long sought-after way to the unfathomable, which we call divine. There is no other way.”

C. G. JUNG
CONFERENCE SCHEDULE
On Thursday, October 5, Check-in opens at 3:00 p.m. and dinner is served from 5:30 to 6:45 p.m. The opening session of the conference starts at 7:00 p.m. The program continues all day and evening on Friday and Saturday. Sunday’s session on October 8 closes the conference at noon, followed by lunch.

CONFERENCE PROGRAM DESCRIPTIONS

LIONEL CORBETT, M.D.
Mythic Memory
In important ways, both personal and collective memory relate to the imagination and to our sense of who we are as individuals and as a society. We will discuss collective memory, the relationship between history, myth, and memory, and especially the ways in which historical events are mythologized, ritualized, and turned into cultural, religious, and personal myths. Memories can become falsified over time, and memory images can become autonomous images that live in the mind and influence behavior. We will also discuss the psychodynamic psychology of remembering and forgetting.

The Memory of Myth
Our folkloric and mythic heritage remembers our distant ancestors, to whom memory was so important as a source of meaning that in many cultures memory was represented as a divinity. We will focus on the mythology of Mnemosyne, the mother of the muses. We will discuss the relationship of memory to death, to the phenomenon of the Döpplegänger, and to the controversy about the existence of morphic fields. We will also consider the importance of memory for psychotherapy, the art of memory as it was understood in antiquity, and the emerging neuroscience of memory.

Intimacy and Sexuality in Later Life
A common social stereotype predicts that sexuality becomes less important in later life. In fact, the opposite may be true. Sexuality can be maintained until late old age. This talk will discuss the importance of intimate relationships in later life, including the normal physiological changes in sexual functioning. We will discuss the common prejudices, stereotypes, and misunderstandings about later-life sexuality, sexual difficulties in later life, and the so-called May-September relationship. Finally, we will discuss the spiritual dimensions of sexuality.

CHELSEA WAKEFIELD, PH.D., L.C.S.W.
Individuation in Connection
We will explore the archetype of “encounter” and what Martin Buber referred to as the I-Thou relationship. Couples can live into a higher form of relationship, beyond need meeting and projection fulfillment, to engage in “Individuation in Connection.” While this requires a good deal of personal development, the rewards are rich when partners begin to share their inner journeys. Intimacy is achieved through Self-understanding and mutual Self-revelation which continues to vitalize a long-term relationship. We will explore how sexuality is a dimension of this Individuation in Connection, as two people explore the interface of the psyche and soma.

Reclaiming Eros from the Shadow Realm
We are living in a high tech, socially disconnected culture, suffering from an epidemic of loneliness, separated from our Selves and struggling to connect with one another in meaningful ways. We are also living in an extremely sexualized media environment where “sexuality” is centered around genital expression. Our society overvalues the behavioral “performance” aspect of sexuality and undervalues the Eros exchange. We will discuss how sex is more than a set of behaviors. It is a series of symbolic interactions, imbued with subjective meaning. The porn culture has emerged from the shadows as evidence of our deep longing for the transcendent energies of Eros and Aphrodite in our lives. We need to reclaim the erotic from the shadow realm. What will it take to heal the long-standing split between spirituality and sexuality and the shame and bewilderment we often experience as we open the door to our sexual psyches?

Archetypes of Sexuality
Archetypes are seeds of potential, dwelling in the seedbed of the psyche, awaiting a time and circumstance in which to awaken. Archetypes organize instinct, are felt in the body, and move through the psyche, shaping perception and motivating behavior. Much of what is promoted to spice up a sex life has to do with sexy lingerie or trying out some erotic sexual activity, including a recent fascination with kink. What are we really seeking here? We will explore how the same sexual behaviors can be experienced entirely differently when engaged in from a different archetypal position. What are some of the archetypal expressions of sexuality in women and men, and how might we use this awareness in a journey of sexual individuation?